

**STEVEN M. POUNDERS, MD, PLLC**

**STEVEN M. POUNDERS, MD**

**Chad Nyland, DO**

**D. Trew Deckard, PA-C, MHS, AAHIVS**

**Cameron Wyatt, NP-C**

3500 Oak Lawn Ave., Suite 600

Dallas, TX 75219

**Anal PAP/High Resolution Anoscopy/Biopsy/Infrared  
Coagulation Consent**

I, \_\_\_\_\_, consent to undergo an Anal PAP and/or High Resolution Anoscopy (HRA), with or without biopsies if indicated, and/or Infrared Coagulation (IRC).

Anal Paps utilize the same technology that has been used to identify pre-cancerous changes in cervical tissue in women for decades. It is a simple swab of tissue in the anus to help determine if any dysplasia (abnormal and/or precancerous changes in cells) have developed. Though Anal Paps are useful, they are often followed by HRA to help identify specific areas where changes may have occurred.

HRA is indicated for persons at high risk for or with documented presence of anal dysplasia (abnormal and/or precancerous changes in cells). Research has indicated that people who are HIV +, and some other groups, are at increased risk for developing these changes. HRA is a special examination of the tissues in the anus and lower rectum using a colposcope. A colposcope works like a microscope, and magnifies the tissue so abnormal areas can be more easily seen. Along with the colposcope, your medical provider may use vinegar and iodine to help identify abnormal areas, as well as local anesthetic(s) (lidocaine with or without epinephrine, either topical or injectable or both) to help make the examination more comfortable.

If abnormal tissue is identified your provider may take one or more biopsies, small pieces of tissue approximately the size of a grain of rice, to send to the laboratory for evaluation for further examination. If the laboratory confirms these abnormalities you may be asked to return for treatment with Infrared Coagulation (IRC) which uses high intensity light to ablate (remove) the abnormal tissue.

The reason for having an Anal Pap and HRA with or without follow-up IRC is to help detect pre-cancerous changes in cells before there is a need for more invasive procedures. Accurate identification of abnormal cells may help my provider decide on the best treatment for my particular situation.

Biopsies may be associated with mild pain or bleeding. Please inform your provider if you are allergic to iodine or if you are taking any 'blood-thinners' (i.e. aspirin, Plavix, Aggrenox, ibuprofen, motrin, advil, naprosyn, aleve, Celebrex, Mobic, meloxicam, Relafen, Anaprox, Etodolac, Naprofen, etc) Please inform your provider of all medications you are taking, both prescription and over-the-counter.

\_\_\_\_\_ I have read and understood the above information.

\_\_\_\_\_ I have had my questions asked and answered.

\_\_\_\_\_ I agree to undergo high resolution anoscopy evaluation, including biopsies and/or Infrared Coagulation, if needed.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

-----  
Witness Signature

-----  
Date